

# Spring Equinox Ritual

## Materials Needed

For each participant

- circle of cloth - 5" - 6" in diameter (have selection of colors)
- representation of earth (rock, crystal, salt or other)
- representation of air (feather or other)
- representation of fire (red sandalwood or other)
- representation of water (shell or other)
- thread, cord or yarn

masking tape

small altars each with above representations PLUS

- earth - bowl of soil, green candle
- air - censer with lit incense, yellow candle
- fire - 3 or 4 red candles (different heights/types)
- water - bowl of water, blue candle

spirit - small cauldron filled with flowers, God and Goddess candles, purple candle, (cloth circles & thread will go here) cakes and wine (these can be underneath the altar if there is not enough room.)

drums, taped music or musicians

*Note: The representations are suggestions only. Feel free to personalize.*

## Ritual Preparation

On the floor of the ritual space, use masking tape to mark large pentacle. Place and set up appropriate altar at each point. *See illustration.* It also might be helpful to orient first-timers before this ritual since there are a lot of directions to absorb.



## The Ritual

### Preparing Participants

*Have people sit around the outside of the pentagram. Make sure that there is room for people to free get to the entrance/exit at the Spirit point.*

“Tonight we are celebrating the Equinox, the balance of light and dark. The main focus of this ritual will be a pentagram, because the pentagram also represents balance between earth, air, fire, water and spirit. As part of this ritual, each person will be making a charm to help with a particular aspect of your life that you feel needs work. Perhaps you need healing or protection or spiritual work or love or work

on concentration, anything else - it is completely up to you. You will be walking the pentagram and gathering energies from each of the elements to help you make your charm. This charm is a reminder of the powers available and willing to aid you in your quest.”

“First we will have a grounding and centering meditation. We will cast the circle by calling the elements of the pentagram and then invoke the God and Goddess. Once this is complete, we will ask you to enter the pentagram one-at-a-time at the spirit point. There you will choose the cloth for your charm. You may want to pick a color that corresponds with what you are working on. If you aren’t sure what color to pick and would like help, you can ask the spirit guardian or you can just pick any color you feel drawn to. You will then dance (walk) the pentagram by traveling to each element and visualizing how the energies of that element will help you in your quest. While you are at each element feel free to take a representative of the element to add to your charm. If you are looking for healing, then you might pick a green or purple cloth. You travel down the pentagram to the earth altar. There you visualize the healing qualities of earth and you pick up a crystal (rock, salt) that will be incorporated into your charm. You may touch your cloth to the dish of earth, whatever seems right to you. After you are finished at the earth altar, you will turn and go to the altar of water. There you will visualize the healing qualities of water, etc. After you have moved through all of the elements, you will find yourself back at spirit. There you will pick up the thread for completing the charm. As you are wrapping and knotting the thread, visualize yourself in perfect balance with the elements and that they are working in harmony toward the goal you seek.”

“While waiting to enter the pentagram or when you are finished constructing your charm, feel free to drum and chant. After everyone is done we will raise energy for the charms by doing a power chant. This is when we let energy flow through us and out of us through sound. Humming or sounding a tone are one way of building energy. You can also use words. Visualize the energy entering your charm, infusing it with power.”

“I know that a lot of this may be new for some people. Are there any questions?”

### **Grounding & Centering**

*Have the five callers move to the appropriate altar. Turn off all of the lights - have the place in total darkness.*

“Feel your breath. Feel the flow of energy and how it moves with your breath. Breathe normally, maintaining the free flow of energy.”

“It is the time of darkness, of rest and reflection. Within each of us is a seed. Find this seed. It begins to sprout, pushing a root down through your spine, down through the floor. Down, down into the earth. Feel the root push deep into the earth. Feel it spread out, pushing smaller and smaller roots into the earth, anchoring you. Feel the calm energy of the earth. With each breath feel the green energy travel up the root until it fills your body.”

### **Pentacle Circle Casting**

*Note: After finishing the calling, each person then carries the matches to the next altar and then returns to their own. This can be omitted by having matches on each altar, but the tracing*

*out of the pentagram is powerful visually.*

Spirit: (*Light the spirit candle*) “Come powers of Spirit - that which is both above and below, within and without. Bring to us your energies and wisdom as tonight, we walk the path of balance in this world between the worlds.”

Earth: (*Light earth candle*) “Come powers of Earth - that which is both strength and stability, healing and wisdom. Bring to us your energies and wisdom. Blessed be!”

Water: (*Light water candle*) “Come powers of Water - that which is both fluid and flowing, emotion and intuition. Bring to us your energies and wisdom. Blessed be!”

Air: (*Light air candle*) “Come powers of Air - that which is breeze and breath, clarity and decisiveness. Bring to us your energies and wisdom. Blessed be!”

Fire: (*Light all of the fire candles*) “Come powers of Fire - that which is spark and flame, creativity and passion. Bring to us your energies and wisdom. Blessed be!”

Spirit: (*Invoking pentagram*) “By this pentagram of balance, the circle is cast for those who seek the balanced life that makes us whole. So mote it be!”

Invoking the God & Goddess

God: (*Lighting the God candle*) “Welcome Gods Three - He who is the Sun - energy, heat and light. He who is the Vegetation - growth, decay and rebirth. He who is the Hunter - shadow, stealth and strength. Be here among us as we celebrate this rite of balance.”

Goddess: (*Lighting the Goddess candle*) “Welcome Goddesses Three - She who is the Maiden - youth, vitality and sexuality. She who is Mother - maturity, nurturing and fertility. She who is Crone - old age, secrets and wisdom. Be here among us as we celebrate this rite of balance.”

### **Dancing the Balance**

*<participants go through the pentagram as described earlier>*

*Note: We start with this chant, let drumming and other chanting take over, and then return to this chant at the end.*

Chant: “Air moves me, Fire transforms me, Water shapes me, Earth heals me. And the balance of the wheel goes round and round and the balance of the wheel goes round.”

### **Cakes & Wine**

(This section is not scripted.)

### **Thanking the Deities**

(This section is not scripted.)

### **Releasing the Pentagram**

Spirit: "Powers of Spirit - we are thankful for your energies and wisdom. Blessed be!"

Fire: "Powers of Fire - we are thankful for your energies and wisdom. Blessed be!"

Air: "Powers of Air - we are thankful for your energies and wisdom. Blessed be!"

Water: "Powers of Water - we are thankful for your energies and wisdom. Blessed be!"

Earth: "Powers of Earth - we are thankful for your energies and wisdom. Blessed be!"

Spirit: "This Spring Equinox rite is over. May you walk your path in balance and in harmony with the web of all creation. Blessed be!"

Chant: "May the circle be open, but unbroken. May the peace of the Goddess be ever in your heart. Merry Meet and Merry Part, and Merry Meet Again!"