

The Pellet

Newsletter of the Athens Area Covenant of Unitarian Universalist Pagans

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Welcome!

Welcome once again. This issue celebrates Spring's arrival with poem, song, food and even meditation - of the runic variety. Inside you'll find the work Athens Area CUUPS members and friends. Beginning this issue, each offering of The Pellet will focus on a god and goddess appropriate to that season. (This time we learn about Bel and Eostara.) Perhaps divine inspiration will strike those wanting to write, but unsure as to where to start. The deities focused on aren't the only things covered in the newsletter, though. If you want to contribute, don't feel that your work must deal only with them. There are many more colors in each season than just two divinities.

My thanks to those who contributed, as well as to those who offered comments on content. With your help each issue will only continue getting better! I need to say an extra thanks to Krystal for finding the Hot Cross Buns recipe as well as submitting the songs.

Look for more information on Apollo and Demeter/Ceres next time around, plus whatever else catches our eye!

Blessed Be,

Melinda

Runic Meditations

by Shadow-walker

Spring is a time of contrast. Not just of warmth and green buds, but also of sudden cold, and unexpected storms.

Hagall

(Mod. English "hail")

Sudden pain
Stinging like bees
falling and undirected
Mindless of the harm;
Mindless of the pain.

Embedding like a seed
into the earth.
Sharp, white crystal sperm
fertilizing Erda, our mother.

Giving birth to water.
Cool, refreshing.
Soothing our pains.

Beorc

(Mod. English "birch")

As the Earth warms,
The empty barren branches
begin to bud.
Life wakens slowly
like a lazy slumbering
one extra hour.
Yet, by summer
shades us all.

A broken twig
lying in a puddle
finds its strength
and buds with the tree.
Never born, yet constantly living
Giving birth to the tree
that in our granddaughter's time.
Stands where a puddle once
formed.

Apollo's Oracle at Delphi, the Python, would chew laurel leaves before speaking prophetically. You can accomplish the same thing a bit more safely through your deams by placing a few leaves beneath your pillow at night.